On July 1, we celebrated PACE of the Triad’s fifth anniversary of service at the PACE center. Congresswoman Alma Adams offered congratulations and vowed to remain an advocate for older adults in Washington. Steve Fleming, PACE Board Chairperson and Board Member, Joel Mills were very complimentary of the commitment of staff and others dedicated to providing quality care. Other special guests included NC PACE Association Executive Director Linda Shaw and representatives from Congressman Mark Walker’s office and Senator Burr’s office.

During the celebration, I shared my appreciation and thanks to PACE participants and families for trusting us with your care. I expressed thanks to community partners and legislative officials for their support. I also recognized the staff of PACE of the Triad for all they do to make PACE a comfortable environment with friendly smiles.

Watch your calendar for PACE Memories days. We will share pictures from the past few years.

As you know, the need for PACE services in our community continues to grow. We have been fortunate to serve over 300 people in the past five years. Thank you for sharing information about PACE with family, friends, neighbors and others. We welcome referrals and phone calls about services. To help meet the needs of others who could benefit from PACE care and support, PACE of the Triad’s Board of Directors have approved a committee to begin the search for a new site. I will keep you posted.
Bed Bugs...the Bad News and the Good News!

The bad news is that there has been an increase in reports of bed bugs in the Guilford and Rockingham county areas. Bed bugs are wingless insects that feed on the blood of animals and people, like mosquitoes. Bed bugs are active at night and tend to hide in small crevices in the floor, furniture, mattresses and in the folds of linens and clothing.

Bed bugs are not known to spread disease. Their bites may result in a skin reaction which can be treated with topical itch creams.

The good news is that PACE of the Triad has been educating staff, participants and caregivers, to reduce the risks of getting or spreading bed bugs. Last month, a letter was mailed with information from the Guilford County Department of Health and Human Services about bed bugs. PACE has policies and procedures, in conjunction with the Division of Medical Assistance (DMA) and an exterminator to handle any report of bed bugs. Our goal is to protect you, caregivers, PACE staff and contracted staff (personal care aids, drivers, etc).

It is very important to contact PACE if there is any evidence of bed bugs. We are committed to keeping the PACE center and you as safe as possible.

If you have any questions, please do not hesitate to contact me.

Stacy Currier
Activities Coordinator

Participant Advisory Committee Meetings

The Participant Advisory Committee (PAC) meets quarterly to share feedback with Steve Fleming, Board Chairperson and Ursula Robinson, Executive Director. Family caregivers are encouraged to attend. All meetings are held at PACE from 1:00 pm – 2:00 pm on the dates listed below.

2016 Meeting Dates

September 8, 2016
November 10, 2016

2016 PACE Holiday Closures

Independence Day July 4, 2016
Labor Day September 5, 2016
Thanksgiving November 24, 2016
Christmas December 26, 2016
New Doctor Joins the PACE Team

I am very pleased to announce Dr. Julie A. Williams has joined PACE of the Triad as a full-time primary care physician. Prior to PACE, Dr. Williams was the director and primary physician for the Acute Care for the Elderly (ACE) Unit of the J. Paul Sticht Center on Aging and Rehabilitation. She treated patients who were hospitalized with complex medical needs.

Dr. Williams also served as an assistant professor in gerontology and geriatric medicine at Wake Forest University. She conducted research in areas affecting older adults and often used findings to help improve the physical and emotional health of her patients.

Dr. Williams received her bachelor’s degree from the University of Nebraska and her masters and doctorate degrees from Wake Forest University. She completed both residencies at Moses Cone Hospital.

Dr. Williams has already begun to see participants at the PACE center. She will work mainly with new participants as they enroll. Existing participants may receive care and treatment from Dr. Williams in my absence.

If you have any questions, please do not hesitate to ask.

Kandis Ingram, MS,
Registered Dietitian

Dr. Robert Koehler
Physician and
Medical Director

Dr. Julie A. Williams
Physician

Welcome New PACE Faces

Kandis Ingram, MS,
RD, LDN
Registered Dietitian

Christine Ross
 Volunteer